



## Information Sheet: “Bath Salts”

### What are “bath salts”?

“Bath salts” are “designer drugs” most commonly known as MDPV, mephedrone or methylene. They are powerful drugs of abuse that may cause severe side effects. They may also be called “plant food” or “research chemicals”. **These are not the products that are commonly sold for bathing from bath and beauty retailers**

### How are “bath salts” packaged?

“Bath salts” are sold as crystals, powders and liquids with a variety of names. The contents are listed in milligrams, i.e. 500 mg instead of ounces, i.e. 6oz that you would see on a package of real bath salts.

### What do “bath salts” contain?

They contain chemicals similar to stimulant drugs that are listed as *Schedule I* controlled substances in New York State. *Schedule I* controlled drugs are the most highly restricted drugs in New York. Examples of *Schedule I* controlled substances include heroin and LSD.

### What are the dangerous effects of “bath salts” abuse?

Signs and symptoms of abuse are similar to those caused by cocaine and amphetamines, including but not limited to increased heart rate and blood pressure, hallucinations, paranoia, suicidal thoughts, violent behavior and vomiting. Use of “bath salts” has also been linked to death.

### What is the legal status of “bath salts” in New York State?

Effective May 20, 2011, these compounds are **prohibited from sale and distribution** pursuant to an Order for Summary Action signed by the Commissioner of Health. Any individual or entity that receives notice of the Order will be prohibited from selling or distributing products containing these compounds.

### Who is abusing “bath salts”?

Reports to New York Poison Control Centers indicate use in the 18 year old – 48 year old age range, but primarily in the early 20s.

### How big is the problem?

Nationwide, calls to Poison Control Centers regarding instances of poisoning from products containing “bath salts” through May of 2011 has increased more than 700 percent from the total amount of calls taken in all of 2010.

### Why the concern?

Use of these chemicals has resulted in violent reactions, hospitalizations and death. Use of “bath salts” has also been linked to suicide.

### How may I contact the Poison Control Center?

The Poison Control Center can be reached at (800)222-1222.

**Call Oswego County Health Department for more information 315-349-3547**

## Common Bath Salt Names

Blue Silk	Mad Cow
Charge+	Bubbles
Cosmic Blast	Bounce
Disco Concentrate Bath Salts	M-Cat
Ivory Snow	Meow-Meow
Ocean Burst	4-MMC
Pure Ivory	Explosion
Purple Wave	White Dove
Snow Leopard	Scarface
Stardust (Star Dust)	Charge Plus
Tranquility Bath Salts	Ocean
White Dove	PV
White Knight	Super Coke
White Rush	Magic
Zeus 2	MDPK
Ivory Wave	Energy 1
White Lightening	Ivory Coast
Hurricane Charlie	White Horse
White Girl	Bliss
Blue Magic	Vanilla Sky
Silverback Bath Salts	Red Dove
Raving Dragon	Aura
Cloud 9	Ivory Gold
Purple Tranquility	Zoom 2
Eight Balls Ultra Premium	Sky Blitz
Up Powder	Bolivian
Himalyan	Lust
Magic Powder	Charlie Sheene



Although "bath salts" have been banned in NY, they are only a click away on the internet